



Health News Update

New on the Web

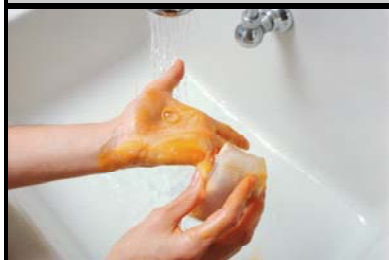
Nutrition resources and Center Promising Practice Template: <http://jchealth.jobcorps.gov/health-topics/nutrition>

Supporting Students with Disabilities: Resources for Job Corps Instructional Staff (November 2006 Issue): <http://jchealth.jobcorps.gov/documents/health-newsletters/disability-newsletters/>

Having trouble finding something on the JC Health and Wellness website? Contact Carolina Valdenegro at carolina.valdenegro@humanitas.com

Spread the Word: November 30th is National Methamphetamine Awareness Day. Visit the DOJ's Meth Awareness site at: <http://www.usdoj.gov/methawareness/>

November 27– December 3 is National Influenza Vaccination Week. As flu season approaches, updates are continuously released. Keep up-to-date at <http://jchealth.jobcorps.gov/health-topics/influenza/influenza-in-the-news>



Medical Cost Containment

- Lois Sacher, RN

The purpose of PRH Change Notice 05-12 dated March 27, 2006 was to “abolish the major medical reimbursement policy and clarify procedures for addressing health and medical costs exceeding the basic health services provided by Job Corps centers”.

In the past, if a medical emergency or unanticipated serious illness occurred, Job Corps centers were to assist the student in seeking third-party insurance or other coverage and, if necessary, cover the first \$3000.00 of major medical expenses. Centers could then seek major medical reimbursement from the Regional Offices for any amount greater than \$3000.00 or from the National Office for any amount greater than \$25,000.00.

A review of major medical reimbursements for the past three program years revealed that:

1. Some Job Corps regions had not had any major medical reimbursements, and
2. Some Job Corps centers were requesting major medical funding for incidents where students should have been medically separated or referred to OWCP.

The change to PRH 6:6.12 follows:

R4. Health and Medical Costs Exceeding Basic Health Services Provided by Job Corps Centers

Centers will seek third-party health insurance coverage for students who have medical

needs or costs beyond the basic health services provided by the center.

Continue reading online at:

<http://jchealth.jobcorps.gov/health-topics/general-health/general-health-articles/med-cost>



Wash Your Hands!:

How to Help Students Adhere to Cold and Flu Prevention Practices

As a health care provider, you know all of the strategies for the prevention of influenza and the common cold. Your students have heard the information so many times that they probably also have a good idea of what they *should* do to stop germs from spreading if they feel under the weather. So then why do you still see them coughing and sneezing without covering their mouth or nose?

There are probably a couple of reasons why people who know how to prevent the spread of germs don't follow these rules. We all probably forget to abide by good hygiene practices every once in a while. The occasional sneeze sneaks up on us and by the time we reach for a tissue, we have already sprayed hundreds of germs on our desk, telephone, bedroom, food, or friends. Sometimes if no one is looking, all of

those considerate and healthy practices become less important.

The CDC has devised a few strategies to help improve adherence to proper hygiene that can be applied to the Job Corps population. Continue reading online at:

<http://jchealth.jobcorps.gov/health-topics/influenza/influenza-articles/wash-your-hands>